



GUILT FREE SNACKING

CHISPY

NUT & FRUIT
CLUSTERS

Micro
ÇITİRS

Four Food Gıda Ticaret ve Limited Sirketi, with years of experience, has been offering the highest quality healthy snacks to its customers in Türkiye and all around the world since 2021. While carefully keeping the snacking culture alive, we undertake the mission of providing our guests with natural, delicious and reliable products. At every stage of our production process, we use the most modern technologies to guarantee freshness and quality, and work in accordance with hygiene and health standards.

Bringing together traditional and innovative flavors, Four Food carries out production above sector standards with quality documents such as . (ISO22000:2018 , ISO 9001, HACCP). All our cookie varieties are prepared with carefully selected natural ingredients and offered to you with special recipes.

NUT & FRUIT CLUSTERS



CHISPY



Micro CITIRS



NUT & FRUIT CLUSTERS

INGREDIENTS: Cashews (40%), Almonds (40%), Sweetened Dried Cranberries, Pumpkin Seed Kernels, Chia Seeds, Date Juice, Rice Flour, Corn Starch, Sugar (%5), Salt, Vanilla Flavor. **May contain traces of gluten, sesame, walnuts, pistachios, hazelnuts, milk protein.**

Contains: Cashew Nuts and Almonds..

SHELF LIFE: 365 DAYS

GTIP/ HS CODE: 2008.19.99.00.19

PACKAGE SIZE: 200 GR

NUTRITION FACTS	Per 100 gr
Energy	583,35 kCal / 2421 Kj
Carbohydrate	29,69 (g)
Total Fat	43,44 (g)
Saturated Fat Acids	6,91 (g)
Trans Fat Acids	0
Protein	14,40 (g)
Salt	0,03 (g)
Cholestrol	0
Sugar	22,48 (g)
Dietary Fibers	7,97 g

LIKE GRANOLA BUT JUST *BETTER*





%40
CASHEWS



**SWEETENED
WITH DATE
JUICE**



%40
ALMONDS



%7,97
FIBER

%14,4
PROTEIN



LOGISTIC DETAILS OF 200 GR DOYPACKS

ONE BOX : 12 PACKAGES

BOX DIMENSIONS: H: 20 CM W: 25 CM L: 40 CM

ONE EURO PALLET: 99 BOXES (2.35 HEIGHT) / 1188 PCS

ONE 40FT HQ CONTAINER: 2900 BOXES (W/O PALLETS)

ONE 40FT HQ CONTAINER: 24 EU PALLETS / 2376 BOXES /
28.512 PCS

ONE 20FT HQ CONTAINER: 1700 BOXES (W/O PALLETS)

ONE 20FT HQ CONTAINER: 11 EU PALLETS / 1089 BOXES /
13.068 PCS



SMOKED CHEESE BITES

%100 REAL CHEESE



**GLUTEN
FREE**



**HIGH
CALSIUM**



**%51,8
PROTEIN**

**KETO
FRIENDLY**



**NO
TRANSFAT**

CONTAINS: LACTOSE

GTIP HS / CODE: 0406.90.69.00.00

SHELF LIFE : 365 DAY

PACKAGE OPTION 1 : 60 GR ZIPPER DOYPACK

PACKAGE OPTION 2: 20 GR PILLOWPACK

Ingredients: Smoked Cheese [Pasteurised cow's milk, Rennet, Emulsifying salts (E330, E339, E352), Stabiliser, (Calcium Chloride), Smoked flavour, Salt,]

NUTRITION FACTS	PER 100 GR
Energy	587,37 Kcal / 2250,39 kJ
Carbohydrate	5,3 (g)
Total Fat	32 (g)
Saturated Fat	19,27 (g)
Trans Fat	0
Protein	51,8 (g)
Salt	3,68 (g)
Calcium	1650 mg
Potassium	179 mg
Iron	0,98 mg
Cholesterol	0
Sugar	1,44 (g)
Dietary Fiber	0,3 g

CHEDDAR CHEESE BITES

%100 REAL CHEESE

CONTAINS: LACTOSE
GTIP HS / CODE: 0406.90.69.00.00
SHELF LIFE : 365 DAY

PACKAGE OPTION 1: 60 GR ZIPPER DOYPACK
PACKAGE OPTION 2: 20 GR PILLLOWPACK

Ingredients: Cheddar Cheese [Pasteurized cow's milk, Rennet, Salt, Cheese Culture, Stabilizer (E509-Calcium Chloride), Colorant (E160a: Beta-Carotene), Preservative (E202: Potassium Sorbate)]

NUTRITION FACTS	PER 100 GR
Energy	568,77 Kcal / 2377,46 kJ
Carbonhydrate	6,73 (g)
Total Fat	43,53 (g)
Saturated Fat	30,01 (g)
Trans Fat	0
Protein	37,30 (g)
Salt	5,02 (g)
Calsium	1381 mg
Potassium	422 mg
Iron	0,63 mg
Cholestrol	149,55
Sugar	1,92 (g)
Dietary Fiber	0,44 g



**GLUTEN
FREE**



**HIGH
CALSIUM**



**%37
PROTEIN**

**KETO
FRIENDLY**



**NO
TRANSFAT**



Mountain Breeze



**GLUTEN
FREE**



**HIGH
CALSIUM**



**%37
PROTEIN**

**KETO
FRIENDLY**



**NO
TRANSFAT**



CONTAINS: LACTOSE

GTIP HS / CODE: 0406.90.69.00.00

SHELF LIFE : 365 DAY

PACKAGE OPTION 1 : 60 GR ZIPPER DOYPACK

PACKAGE OPTION 2: 20 GR PILLOWPACK

Ingredients: Parmesan Cheese (Cow's Milk, Rennet, Salt) Basket Cheese (Cow's Milk, Rennet, Salt) Oregano, Basil, Rosemary, Dried Capia Pepper

NUTRITION FACTS	PER 100 GR
Energy	499 Kcal / 2089 kJ
Carbohydrate	18,12 (g)
Total Fat	32,65 (g)
Saturated Fat	22,6 (g)
Trans Fat	0
Protein	37,67 (g)
Salt	1,22 (g)
Calcium	1291 mg
Potassium	216 mg
Iron	1,83 mg
Cholesterol	9,48
Sugar	1,65 (g)
Dietary Fiber	8,82 g



Forest Breeze

CONTAINS: LACTOSE

GTIP HS / CODE: 0406.90.69.00.00

SHELF LIFE : 365 DAY

PACKAGE OPTION 1 : 60 GR ZIPPER DOYPACK

PACKAGE OPTION 2: 20 GR PILLOWPACK

Ingredients: Parmesan cheese (Pasteurised cow's milk, rennet, salt), Basket cheese (Pasteurised cow's milk, rennet, salt), Dried Porcini mushroom, garlic powder, onion powder.

NUTRITON FACTS	PER 100 GR
Energy	491 Kcal / 2055 kJ
Carbonhydrate	22,93 (g)
Total Fat	29,29 (g)
Saturated Fat	20,38 (g)
Trans Fat	0
Protein	36,17 (g)
Salt	1,57 (g)
Calsium	1175 mg
Potassium	244 mg
Iron	1,36 mg
Cholestrol	4,02 (g)
Sugar	2,29 (g)
Dietary Fiber	4,68 (g)



**HIGH
CALSIUM**

**KETO
FRIENDLY**



**% 36
PROTEIN**



**NO
TRANSFAT**



**GLUTEN
FREE**



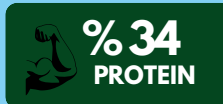
Aegean Breeze



CONTAINS: LACTOSE
GTIP HS / CODE: 0406.90.69.00.00
SHELF LIFE : 365 DAY

PACKAGE OPTION 1 : 60 GR ZIPPER DOYPACK
PACKAGE OPTION 2: 20 GR PILLOWPACK

Ingredients: Feta Cheese (Cow's Milk, Rennet, Salt) , Dried Tomato, Dried Green Olive, Black Cummin Seeds.



NUTRITION FACTS	PER 100 GR
Energy	517 Kcal / 2164 kJ
Carbonhydrate	17,75 (g)
Total Fat	35,82 (g)
Saturated Fat	21,75 (g)
Trans Fat	0
Protein	34,3 (g)
Salt	2,38 (g)
Calsium	1018 mg
Potassium	362 mg
Iron	1,31 mg
Cholestrol	17,4 mg
Sugar	3,71 (g)
Dietary Fiber	6,38 (g)



LOGISTIC DETAILS OF 20 GR PILLOWPACK

ONE DISPLAY : 8 PACKAGES

ONE BOX: 64 PACKAGES WITH 8 DISPLAYS

BOX DIMENSIONS: H: 40 CM W: 25 CM L: 40 CM

ONE EURO PALLET: 43 BOXES / 2752 PIECES

ONE 40FT HQ CONTAINER: 1780 BOXES (W/O PALLETS)

ONE 20FT HQ CONTAINER: 800 BOXES (W/O PALLETS)



DISPLAY

LOGISTIC DETAILS OF 60 GR ZIPPER DOYPACK

ONE BOX: 12 / 16 PACKAGES

BOX DIMENSIONS: H: 18 CM W: 24 CM L: 35 CM

ONE EURO PALLET: 120 BOXES

ONE 40FT HQ CONTAINER: 4600 BOXES (W/O PALLETS)

ONE 20FT HQ CONTAINER: 1980 BOXES (W/O PALLETS)



DOYPACK BOX

CORN STICKS

MADE WITH %100 CORN KERNELS

Not only **CORN STICKZ** are incredibly **tasty**, but they're also a healthy snack option.

Since, this **delicious** and **nutritious** snack is made with only the finest corns. Providing with you perfect balance of flavors and texture.



NO
MSG



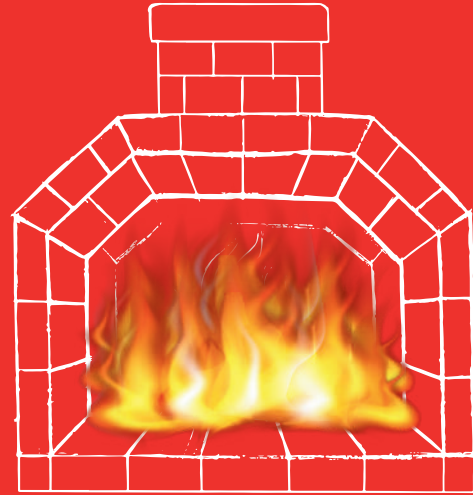
100%
VEGAN



GLUTEN
FREE



NO
TRANSFAT



ONLY BAKED

Our unique cooking process ensures that the corn is perfectly crispy and crunchy, while retaining its natural goodness and nutritional value.

FLAVORS



NACHOS



SRIRACHA



RANCH

NACHOS

INGREDIENTS: Corn, Sunflower Oil, Nachos Seasoning: (Natural Sweeteners, Acidity Regulator (Citric Acid), Yeast Extract, Hydrolyzed Vegetable Protein, Sugar, Salt, Maltodextrin, Paprika (Coloring)).

SHELF LIFE: 365 DAYS
GTIP/ HS CODE: 2008.99.85.00.00
PACKAGE SIZE: 80 GR
ORIGIN: TURKIYE

NUTRITION FACTS	PER 100 GR
Energy	433 Kcal / 1811 kJ
Carbohydrate	73,8 (g)
Total Fat	11,69 (g)
Saturated Fat	1,54 (g)
Trans Fat	0
Protein	5,12 (g)
Salt	1,7 (g)
Calcium	7,43 mg
Potassium	231 mg
Iron	1,43 mg
Sugar	1,44 (g)
Dietary Fiber	4,72 (g)

SRIRACHA

INGREDIENTS: Corn, Sunflower Oil, Sriracha Seasoning: [Natural Spices: (Garlic Powder, Red Pepper Powder), Acidity Regulator: (Citric Acid, Sodium Diacetate) , Sugar, Salt, Maltodextrin, Coloring: (Paprika)]

SHELF LIFE: 365 DAYS
GTIP/ HS CODE: 2008.99.85.00.00
PACKAGE SIZE: 80 GR
ORIGIN: TURKIYE

NUTRITION FACTS	PER 100 GR
Energy	433 Kcal / 1809 kJ
Carbohydrate	73 (g)
Total Fat	12,71 (g)
Saturated Fat	1,52 (g)
Trans Fat	0
Protein	4,34 (g)
Salt	2,82 (g)
Calcium	20,56 mg
Potassium	256 mg
Iron	1,43 mg
Sugar	1,95 (g)
Dietary Fiber	4,48 (g)

RANCH

INGREDIENTS: Corn, Sunflower Oil, Ranch Seasoning: (Natural sweeteners, Maltodextrin Salt, Sugar, Acidity Regulators: (Sodium Diacetate, Citric Acid) , Corn starch, Acacia gum)

SHELF LIFE: 365 DAYS
GTIP/ HS CODE: 2008.99.85.00.00
PACKAGE SIZE: 80 GR
ORIGIN: TURKIYE

NUTRITION FACTS	PER 100 GR
Energy	433 Kcal / 1811 kJ
Carbohydrate	73,91 (g)
Total Fat	12,15 (g)
Saturated Fat	1,62 (g)
Trans Fat	0
Protein	4,79 (g)
Salt	2,58 (g)
Calcium	12,45 mg
Potassium	222 mg
Iron	1,62 mg
Sugar	1,92 (g)
Dietary Fiber	4,54 (g)

SALTED SESAME STICKS

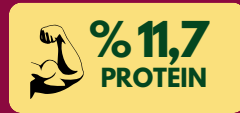


(ENG) INGREDIENTS : Enriched Wheat Flour (Unbleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Barley Flour, Anhydrous Vegetable Oil (Sunflower), Sesame, Bulgur wheat, Salt, Beet Powder (Color), Turmeric (Color).

Contains Gluten and Sesame.
SHELF LIFE: 365 DAYS
GTIP/ HS CODE: 1905.90.55.00.00
PACKAGE SIZE: 80 GR

NUTRITION FACTS	100 gr
Energy	466,86 kCal /1951,47 Kj
Carbohydrate	58,71 (g)
Total Fat	20,04 (g)
Saturated Fat Acids	3,73 (g)
Trans Fat Acids	0
Protein	12,30 (g)
Salt	3,2 (g)
Calcium	38 mg
Potassium	241 mg
Iron	4,5 mg
Cholesterol	0
Sugar	1,44 (g)
Dietary Fiber	1,23 g

CARAMEL SESAME STICKS



(ENG) INGREDIENTS: Enriched Wheat Flour (Unbleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Barley Flour, Anhydrous Vegetable Oil, Sesame, Bulgur Wheat, Salt, Caramelized Beet Sugar, Beet Powder (Color), Turmeric (Color)

Contains Gluten and Sesame.

SHELF LIFE: 365 DAYS

GTIP / HS CODE: 1905.90.55.00.00

PACKAGE SIZE: 80 GR

NUTRITION FACTS	Per 100 gr
Energy	587,37 Kcal / 2250,39 kJ
Carbohydrate	47,38 (g)
Total Fat	32,95 (g)
Saturated Fat Acids	7,36 (g)
Trans Fat Acids	0
Protein	11,70 (g)
Salt	2,7 (g)
Calcium	68,3 mg
Potassium	171,9 mg
Iron	2,7 mg
Cholesterol	0
Sugar	10,54 (g)
Dietary Fibers	2,75 g

LOGISTIC DETAILS FOR 80 GR PILLOWPACK

ONE DISPLAY BOX : 18 PACKAGES

BOX DIMENSIONS: H: 16 CM W: 22,5 CM L: 35 CM

ONE EURO PALLET: 121 BOXES / 2178 PIECES

ONE 40FT HQ CONTAINER: 5750 BOXES (W/O PALLETS)

ONE 20FT HQ CONTAINER: 2700 BOXES (W/O PALLETS)



CHISPY



Micro ÇITİRS

FACTORY

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